

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Closed 2</p> 	<p>8:30 Coffee Social 3 9:30 Daily Chronicle/Pledge 10:00 Music with Barnfind 11:00 Trivia game 1:15 Balloon sports 2:30 Science Fiction Day 3:30 T.V. Wheel of Fortune</p>	<p>8:30 Coffee Social 4 9:30 Daily Chronicle/Pledge 10:00 Chair exercise w/ Liz 11:00 Word games with Liz 1:15 Bingo games 2:30 National Trivia Day 3:30 Family Feud</p>	<p>8:30 Coffee Social 5 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Livestream- music with Dan the Sax Man 2:30 National Bird Day 3:30 Hidden word find</p>	<p>8:30 Coffee Social 6 9:30 Daily Chronicle/Pledge 10:00 Livestream Music w/ Rising Faith 11:00 Exercise 1:00 Music w/Banjo Dave 2:30 Epiphany 3:30 Color art/wordsearch</p>
<p>8:30 Coffee Social 9 9:30 Daily Chronicle/Pledge 10:00 Chair exercise /Liz 11:00 Trivia with Liz 1:15 Karaoke- sing-along 2:30 Law Enforcement Day 3:30 T.V.-Funniest videos</p>	<p>8:30 Coffee Social 10 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Crafts/ card games 2:30 Natl. Houseplant Day 3:30 T.V.–Lawrence Welk</p>	<p>8:30 Coffee Social 11 9:30 Daily Chronicle/Pledge 10:00 Chair exercise w/Liz 11:00 Trivia with Liz 1:15 Livestream Music with Dean & friends 2:30 National Milk Day 3:30 T.V.- Chair Yoga</p>	<p>8:30 Coffee Social 12 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Lotto games 2:30 Natl. Pharmacist Day 3:30 T.V.- Geography</p>	<p>8:30 Coffee Social 13 9:30 Daily Chronicle/Pledge 10:00 Live-stream- Yoga 11:00 Name that Tune 1:15 Livestream Music with Burt 2:30 Bio of Stephen Foster 3:30 Color design/ puzzles</p>
<p>8:30 Coffee Social 16 9:30 Daily Chronicle/Pledge 10:00 Music with Barn-find 11:00 Chair exercise /Liz 1:15 Balloon sports 2:30 Un-scramble words 3:30 Puzzles/ color art</p>	<p>8:30 Coffee Social 17 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Sports- Bowling 2:30 Crossword game 3:30 T.V.- funniest videos</p>	<p>8:30 Coffee Social 18 9:30 Daily Chronicle/Pledge 10:00 Chair exercise w/ Liz 11:00 Crosswords with Liz 1:15 Bingo games 2:30 Natl Thesaurus Day 3:30 Remember when</p>	<p>8:30 Coffee Social 19 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:00 Livestream- music with Dan the Sax Man 2:30 Natl. Popcorn Day 3:30 Name that tune</p>	<p>8:30 Coffee Social 20 9:30 Daily Chronicle/Pledge 10:00 Chair exercise 11:00 Un-scramble words 1:15 Livestream music with Carl 2:30 Cheese Lovers Day 3:30 T.V. American History</p>
<p>8:30 Coffee Social 23 9:30 Daily Chronicle/Pledge 10:00 Chair exercise /Liz 11:00 Brain teasers /Liz 1:15 Table tennis game 2:30 National Pie Day 3:30 T.V.- I Love Lucy</p>	<p>8:30 Coffee Social 24 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Karaoke-sing-along 2:30 Peanut-butter Day 3:30 T.V. Family Feud</p>	<p>8:30 Coffee Social 25 9:30 Daily Chronicle/Pledge 10:00 Chair exercise w/Liz 11:00 Word games with Liz 1:15 Livestream Music with Dean & friends 2:30 Word-find game 3:30 T.V.- Exploring nature</p>	<p>8:30 Coffee Social 26 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:15 Bingo games 2:30 Intl. Customs Day 3:30 T.V.- National Parks</p>	<p>8:30 Coffee Social 27 9:30 Daily Chronicle/Pledge 10:00 Chair exercise 11:00 Word-games 1:15 Livestream Music with Burt 2:30 Chocolate Cake Day 3:30 T.V. Lawrence Welk</p>
<p>8:30 Coffee Social 30 9:30 Daily Chronicle/Pledge 10:00 Chair exercise /Liz 11:00 Trivia with Liz 1:15 Lotto games 2:30 Natl. Croissant Day 3:30 T.V. Wheel of Fortune</p>	<p>8:30 Coffee Social 31 9:30 Daily Chronicle/Pledge 10:00 Flex n stretch/ Mike 10:30 Stand, balance /Mike 1:30 Monthly B'day Party 2:30 Arts n crafts 3:30 T.V. Jitterbug Era</p>	 <p>January 2023 Joe's Club Micco Activity Calendar *Activity Calendar subject to change</p>		